

Hello!

To complete the requirements to become a WVHSIA, please complete the following steps.

Step 1: Kickstart Your School Wellness Team!

Assemble your School Wellness Team to discuss your plans for WVHSIA, set meeting dates, and develop a timeline for completion of the WVHSIA steps.

Step 2: Dive into School Health Planning!

Complete the new [Online Workshop](#) on School Health Measurement! You'll learn to complete the School Health Index (SHI), gather and analyze data, and create awesome health plans for your school. Plus, you will earn a digital badge to show off your new skills! This can be completed by just one person, such as the School Wellness Team's leader, but ideally it can be completed by many of your school leaders, either individually or in a group. It will take about an hour to complete.

Step 3: Create your Custom Health Blueprint!

Your school health team will dive into the digital [School Health Index \(SHI\)](#) and assess where you are now and then use the data to craft a unique health plan just for your school. This step is all about making sure your school health strategies are spot-on and effective in making your school the healthiest it can be! Please refer to the instructions below when registering your school for the School Health Index.

On the registration page of the SHI, you will be asked to list the email addresses of those school members who will be completing and/or accessing the SHI data (most likely the School Wellness Team members). In this step, please also include the West Virginia Healthy School's in Action email address: wvhealthyschools.wvu.edu. This is not only essential to qualify you for consideration as a WV Healthy School in Action, but also provides a space for us to deliver technical assistance to you throughout the process. Access to your school's SHI allows us to measure your school's strengths and areas for improvement, further positioning us to offer individualized support for your action plans and overall implementation.

Step 4: Bring your Health Blueprint to Life!

Using the SHI, you can now share your School Health Action Plan with your school and put it into action. The Center for ActiveWV and the WVHSIA Team will provide ongoing support by providing resources, guidance, and expertise needed to make your health initiatives a success.

Step 5: Celebrate and Share your Success!

It's time to show off your hard work! Share your school's amazing achievements and accomplishments in promoting student wellness. Whether it's through social media, school newsletters, school or community events, or other methods, let everyone know about the positive changes you've made. The WVHSIA Team wants to know too! Please submit your success stories here so that we can highlight YOU on our website, social media, and throughout West Virginia. Celebrate your success and inspire others to join the movement for healthier schools! Share your stories with us here: [Success Stories Distribution Link](#).

Again, we are excited to work together with you as we lead the way in creating healthier, vibrant school communities. Please contact us any time with questions or concerns at the following email: wvhealthyschools@mail.wvu.edu. We will do our best to get back to you within a day or two. You can also contact the Project Director, [Eloise Elliott](#), or the Project Coordinator, [Angela Watkins](#).

Let's shape the future of school health in West Virginia together!

West Virginia
**Healthy Schools
in Action.**