

Bike Club / Trail Improvements

South Middle School (Morgantown)



Main Goal

Improve the physical activity of students by creating a bike club and improve trail conditions for all of the community

Research Findings



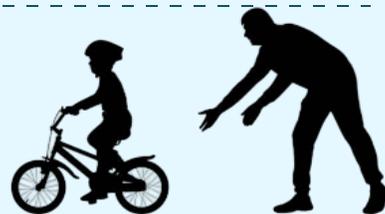
400

students and families impacted by improved access



Balance

bikes were provided to help learn how to ride



7

students learned how to ride bikes

Allowed for students to be able to participate in a safe and fun after school activity. Improves their physical activity and helps their social skills. Improving trail conditions provided a safe place for the students to ride, and allowed for everyone in the community a place to go as well.



Environmental Changes

Created physical and observable change to the built and social environment in White Park and South Middle School



ActiveWV 2030 Physical Activity Plan Sector:

Education



Building Capacity

Stronger Communities



A club for all children at the school to participate and all socioeconomic status'

Improving trail access for all and helping improve access for those with disabilities.

The Bottom Line

The bike club has been successful. Students are learning and able to take these skills further into their lives. They are also getting the park into better conditions and increasing access. Improving the physical activity of the community and created lasting relationships to continue the improvements of the trail.

