



Main Goal

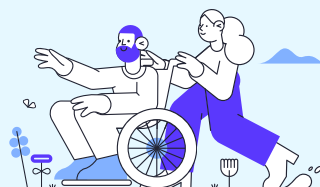
Provide players with equipment to improve hockey skills and exercise at home.

Research Findings



15

Players with disabilities reached



7.1%

West Virginia Children have a disability



6%

West Virginians have no insurance

Providing those with disabilities with opportunities to be active and opportunities for Physical Therapy and Occupational Therapy will help them in the future and present.



System Changes

Created a new system for players by providing equipment and physical therapy and occupational therapy help



ActiveWV 2030 Physical Activity Plan Sector:

Sport



Building Capacity

Stronger Communities

It is available for everyone on the team and skills learned can be used at home and in the future.

Brings Physical Therapy opportunities to those whose insurance doesn't cover it.



The Bottom Line

The Charleston sled hockey team project is very successful. They continue to bring volunteer PT students from various schools each season. With the new equipment and exercises learned during these session, players can do all the exercises at home and the future. learn more at <https://charlestonwvsledhockey.com/>

