

# Main Goal

Provide **equipment** to improve hockey skills for youth and adult athletes with physical disabilities.

They also provide physical therapy and occupational therapy for athletes.

# Accomplishments

- On Ice Equipment
- At Home Equipment
- New Protective Gear for on ice play
- Over 30 athletes positively impacted



Multi Year Partners Success Stories:

# Charleston Sled Hockey

ActiveWV 2030 Physical Activity Plan Sector:

Sport



## The Bottom Line

The Charleston Sled hockey team is an adaptive hockey league for youth and adults who have physical disabilities and are unable to skate in standing position. This is a free program. They provide all equipment and have volunteers to help coach, and have PT and OT students volunteer to help with therapy. This program opens up new opportunities for exercise and creates a lasting community.



Be Wild. Be Wonderful.



West Virginia Department of  
**HEALTH**  
BUREAU FOR PUBLIC HEALTH  
DIVISION OF HEALTH PROMOTION  
& CHRONIC DISEASE PREVENTION