

WV Walking Trail Signs

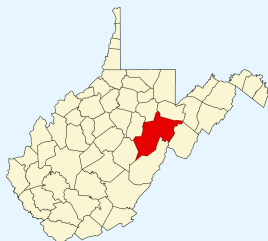
WVU Extension Family Nutrition Program

Randolph County Extension



Main Goal

To increase physical activity in Randolph County by adding walking trail signage at free, public locations.



500+

Individuals impacted in Randolph County



Partnered with schools, community centers, and camps



Supports low-income families, older adults, women, and children

Access to safe, visible places to be active is limited in many rural West Virginia communities. Strengthening local walking spaces helps reduce barriers and support healthier lifestyles.



Environmental Changes

Installing permanent trail signage in community spaces creates lasting environmental changes that make physical activity more visible and accessible.



ActiveWV 2030 Physical Activity Plan Sector:



Community Recreation, Fitness, and Parks

Community Capacity Building

By partnering with schools, community centers, and camps, the project strengthens local networks and equips communities with lasting tools to promote physical activity independently.

The Bottom Line

This project enhances existing walking spaces across rural WV by installing trail signage that promotes and supports physical activity. By creating lasting environmental change in schools, community centers, and camps, it makes healthy movement more visible, accessible, and sustainable for local residents.

