



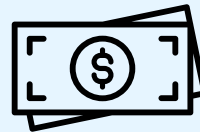
Main Goal

Enhance trail access and signage to promote physical activity and strengthen employee and patient wellness.



100+

Individuals impacted at
Roane General Hospital



Generated \$5,000 in
local economic impact



Launched Mountaineer
Mile program

In rural communities where safe walking spaces are limited, increasing free, accessible trails expands opportunities for everyone to be active and supports long-term community health.



Environmental & Systems Change

Strengthened the physical environment by expanding trails and adding clear signage and created lasting systems change through the launch of a new employee walking program.



ActiveWV 2030 Physical Activity Plan Sector:

Healthcare



The Bottom Line

By improving trail access, adding signage, and creating safe, lighted paths, the PATH program gives employees and the community free, convenient ways to walk, exercise, and enjoy the outdoors, while supporting wellness for patients and staff.

