

Run Club and PE + Wellness Equipment Montcalm Elementary



Success Story

Montcalm has used equipment funded through WV Healthy Schools for Run Club, PE, and wellness. Equipment has also facilitated after school functions.



200

Students Impacted



20

Faculty/Staff Members Impacted



12

Community Partners Engaged

Building Capacity

Stronger Communities



Montcalm got equipment for pickleball, a gaga pit, an ax throwing castle, and connect 4. They held a Fall Festival for the first time in a decade. The purchased items were used at the festival where both physical and mental well-being needs were met.

Environmental Changes

Has created physical and observable change by adding a treadmill and massage chair to the staff lounge, and comfortable chairs plus fidgets and stress items for students in the health offices.



Credit to the Wellness Committee

Montcalm's Wellness Committee has been very effective in brain storming and implementing activities for students as well as staff. Their structured planning and implementation has worked well. Several community members have also been available and active with wellness planning. This all has contributed to Montcalm's Run Club continuing for its 3rd season. The excitement around Run Club has built. The number of student participants has increased with each season and several staff members now also participate. The Fall Festival idea originated with the Wellness Committee. It was aimed at physical and mental well-being and was successful at addressing both. Their Wellness Committee is meeting regularly and their staff is excited to participate, which is propelling success at Montcalm.

