



Success Story

Princeton Middle held a Mental Health Fair that offered tangible ways for students to navigate mental health issues.



450
Students Impacted



85
Faculty/Staff Members
Impacted



50
Community Partners
Engaged

Health For All

Many different mental health difficulties were covered, like stress, depression, anxiety, peer pressure, etc.



Community partners supported school staff as well by showing gratitude for their work in the schools.

System Changes

Parents and staff were able to see new ways they can help their students. They also learned about resources that can help as needed.



Fair Participants and Activities

For the fair, Princeton Middle recruited multiple vendors from around the county to participate. There were several counselors present and parents were invited to come too. Local mental health providers/partners came in to meet with students and parents. Other community partners donated items to support staff. Everyone provided tangible things for students to see, touch, and hear to help address mental health. Activities were also offered to address other important health needs like nutrition and physical exercise.

